



FOLSOM TAEKWONDO CENTER CALENDAR 2020

JANUARY 2020

- 4th – FTKD Instructor, Trainee & Jr. Leader Workout @ 8-9:30am
- **18th – FTKD Monthly Seminar Series-MMA Workout @ FTKD 1-2:00pm**
- 20th - Closed for Martin Luther King Day
- 25th – UWTA Regional Tournament & Black Belt Test @ Foothills High School

FEBRUARY 2020

- 1st– FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am
- 8th - Las Vegas Regional Tournament
- 8th - Washington Regional Tournament
- **15th - FTKD Monthly Seminar Series-Traditional Bo Staff @ FTKD 1-3:00 pm**
- 17th - Closed for President's Day
- 22nd - 9:00 - Black Belt Pre-Test
- 29th – FTKD #1 Colored Belt & Black Belt Mid Term Examination

MARCH 2020

- 7th– FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am
- 14th - Sacramento Regional Judges Certification - All Judges meeting for Spring Nationals - UWTA HQ - Time TBD
- 14th - Sacramento Regional Jr. Leader, Trainee & Instructor Workout - UWTA HQ
- **21st - FTKD Monthly Seminar Series-Cardio Kick Boxing @ FTKD 1-2:00 pm**
- 27-28 - UWTA Spring National Black Belt Testing & Tournament - Folsom Lake College

APRIL 2020

- 4th - FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am
- 10-11th - Closed for Easter Weekend
- **18th - FTKD Monthly Seminar Series-Escrima Single & Double Stick @ FTKD 1-2:30 pm**
- 25th– FTKD #2 Colored Belt & Black Belt Mid Term Examination

MAY 2020

- 2nd - Sacramento Regional Judges Certification/All Judges Meeting for Friendship Tournament @ UWTA HQ
- 2nd - Sacramento Jr. Leader, Trainee & Instructor Workout @ UWTA HQ
- 9th – FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am
- 9th - **FTKD Monthly Seminar Series-Grappling - JuJitsu - 1-3:00 pm**
- 16th – UWTA Sacramento Regional (Friendship) Tournament - Granite Bay High School
- 23rd-25th - Closed Memorial Day Weekend

JUNE 2020

- 6th - FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am
- 6th - Grand Master Pierce Memorial Tournament - Lynnwood Washington
- 13th – **FTKD Monthly Seminar Series-HoSinSul Workout - 1-2:30 pm**
- 20th - FTKD #3 Colored Belt & Black Belt Mid Term Examination

JULY 2020

- 3rd & 4th - Closed for Independence Day
- 10-12th - UWTA Summer Camp - Camp Winthers
- 11th - FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am
- 18th - **FTKD Monthly Seminar Series-Judo @ 1-3:00 pm**

AUGUST 2020

- 1st - Kukkiwon Hanmadang Referee Meeting @ UWTA HQ
- 8th – FTKD #4 Colored Belt & Black Belt Mid Term Examination
- 15th – **California Kukkiwon Hanmadang**
- 22nd – FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am
- 22nd - **FTKD Monthly Seminar Series-Nunchuku - 1-3:00 pm**
- 29th - Black Belt Pre-Test @ 9:00 a.m.
- 29th - Las Vegas Regional Tournament & Black Belt Test

SEPTEMBER 2020

- 5-7th - Closed for Labor Day Weekend
- 12th – FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am
- 19th - **FTKD Monthly Seminar Series-Pressure Point Control Tactics - 1-2:30 pm**
- 26th – Sacramento Regional Judges Certification/All Judges meeting for Grand Nationals - UWTA HQ
- 26th - Sacramento Regional Jr. Leader, Trainee & Instructor Workout @ UWTA HQ

OCTOBER 2020

- **2-3rd - UWTA Grand National Championship, Black Belt Test & Awards Ceremony**
 - **Location: Silver Legacy Reno Ballroom | Reno, NV**
- **10th - FTKD #5 Colored Belt & Black Belt Mid Term Examination**
- **12th - Closed for Columbus Day**
- **24th - FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am**
- **24th - FTKD Monthly Seminar Series-Taekwondo Philosophy - 1-2:00 pm**

NOVEMBER 2020

- **7th - FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am**
- **14-15th - UWTA Instructor Certification @ UWTA HQ**
- **14th - FTKD Monthly Seminar Series-Cardio Kick Boxing - 1-2:00 pm**
- **21st -Sacramento Regional Judges Certification/All Judges Meeting for Goodwill Tournament @ UWTA HQ**
- **26th-28th - Closed for Thanksgiving Weekend**

DECEMBER 2020

- **5th - 6th Annual Goodwill Taekwondo Championships - American River College**
- **12th – FTKD Instructor, Trainee & Jr. Leader Workout @ 9-10am**
- **12th - FTKD Monthly Seminar Series-Technical Poomsae - 1-2:30 pm**
- **19th - FTKD #6 Colored Belt & Black Belt Mid Term Examination**
- **24th-January 4th - Closed for Christmas and New Year's.**